

## Day 1 – WELCOMING IN CALI

We will pick you up at the international Airport of Cali at the arrival time of your flight and will take you to your hotel located at San Antonio Neighborhood. You will have a city-tour in the afternoon visiting the main spots of the city and will end the day attending Mulato Cabaret which is one of the best live Salsa dance shows in the city, where you can enjoy a great welcoming dancing night (or we can offer Delirio show only possible the last Friday of each month).



Meals: **(-/L/D)**

Hotel: **Nispero boutique hotel.**

## Day 2 – COOKING CLASS CALI + SILOÉ

On this day, you will have a 4-hours cooking experience starting at 10:00 AM, where you will discover the authentic local cuisine influenced by Afro-Colombian roots with ingredients from the Pacific coast and the Andes. In the afternoon, you will have a tour by Siloé neighborhood, which is one of the most vulnerable places in Cali, but where you will live real experience with the local communities that want to show the best face of their area.

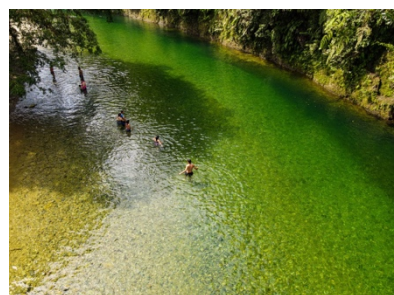


Meals: **(B/L/-)**

Hotel: **Nispero boutique hotel.**

## Day 3 – SAN CIPRIANO NATURAL RESERVE

On this day, you will have a full day tour starting at 6:00 AM to San Cipriano reserve, located 2.5 hours away from Cali. On the way you will pass by great green mountain landscapes surrounded by great nature. Once there, you will discover one of the purest rivers in the world, which is only accessible by a traditional transportation method over old railways getting to a calm village of black communities.



Meals: **(B/L/-)**

Hotel: **Nispero boutique hotel.**

## Day 4 – WELCOMING IN CARTAGENA

On this day, you will have a transfer to be at the airport 2 hours before your flight to Cartagena (10:17-11:43). Once you arrive, we will take you to your hotel. In the afternoon, you will have a 4-hours city-tour, visiting the main spots of the city of Cartagena, which has a strong heritage of Spanish architecture mixed with the colors and vibes of the Caribbean coast.



Meals: **(B/L/-)**

Hotel: **Nacar or Bantu hotels.**

## Day 5 – MANGROVES & ARARCA COMMUNITY

On this day, you will have a free morning at leisure to enjoy Cartagena. At 11 AM, you will have a 6 hours activity visiting the community of Ararca, where you can participate in the restoration project of mangroves led by locals. You will have lunch there and will have a music and dancing display with the dancers and musicians of the community. You will also learn about their fishing activities, before heading back to the hotel



Meals: **(B/L/-)**

Hotel: **Nacar or Bantu hotels.**

## Day 6 – SAN BASILIO DE PALENQUE

On this day, you will visit San Basilio de Palenque, which is a town located 1.5 hours away from Cartagena and was the first free town in America, founded by self-emancipated former slaves during Colombia's colonial period. This town remains a symbol of resistance and African pride due to its story, having even the first Spanish-based creole language, which is still spoken in this place. At night we will have a special farewell dinner back in Cartagena.



Meals: **(B/L/D)**

Hotel: **Nacar or Bantu hotels.**

## Day 7 – FLIGHT OUT

This day you will have breakfast at the hotel, and you will be taken to the airport of Bogota in order to be 2 hours before your flight out the country.



Meals: **(B/-/-)**

## INCLUDES

### LODGING

4+ stars hotels, boutique hotels and ecolodges in standard rooms

### ROOMS

- Nispero boutique hotel: Standard double rooms.
- Nacar / Bantú hotel: Standard double or twin rooms.

### ACTIVITIES

All the activities mentioned in the plan, all in private tours and transportations, except when necessary.

- (Day 1) 4 hours city tour in Cali with focus on music, dances, fruit tasting and local beverages with a workshop of percussion.
- (Day 1) Live night salsa dance show at **Mulato Cabaret** (<https://elmulatocabaret.com>) that ends at midnight (people can be taken back earlier or later to the hotel as the party ends at 3:00 AM and is available only from thursday to monday).
- (Day 2) 4 hours cooking class of local traditional food at **Basilia restaurant** <https://www.restaurantebasilia.com>, visiting also **Viche Positivo**, a place of local traditional drinks
- (Day 2) Visit of Siloé neighborhood.
- (Day 3) Full day tour to San Cipriano natural reserve.
- (Day 4) 4 hours city tour in Cartagena with focus on history, local culture, music, architecture and traditions.
- (Day 5) Tour by the mangroves and Ararca fishing community focused on conservation and inclusion of local communities on it.
- (Day 6) Full day tour to San Basilio de Palenque.

## MEALS

- 6 Breakfasts, 6 Lunches and 2 dinners

Special farewell dinner in Cartagena at Celele restaurant:  
<https://celelerestaurante.com/en/home/>

### TRANSPORTATION

- All land/sea transportation in private vehicles or shared, when strictly necessary.
- (Day 1) Transfer of 40 mins. from Cali Airport to Nispero boutique hotel in Cali at the arrival time of the international flight.
- (Day 3) Transfer of 2:30 hrs. to San Cipriano reserve at 6:00 am and return at 4:00 pm.
- (Day 4) Transfer of 40 mins. from Nispero boutique hotel to Cali Airport at 7:50 am.
- (Day 4) Transfer of 20 mins. from Cartagena airport to the hotel in the walled city of Cartagena at 11:43 am.
- (Day 6) Transfer of 2 hrs to San Basilio de Palenque at 6:00 am and return at 4:00 pm.
- (Day 7) Transfer of 20 mins. from the hotel in the walled city of Cartagena to the Cartagena airport 2 hours before the departure time of the international flight.

### FLIGHTS INCLUDED

- CLO – CTG (10:17-11:43) LATAM LA 4252

### GUIDANCE

English speaking guides throughout the trip for all activities.

Full 24/7 bilingual concierge available for monitoring the whole experience and solve requests and comments from the passengers.

1 SIM Card with unlimited data for each passenger with 30GB of data

### **NOT INCLUDED.**

- Activities or elements not described in the plan.
- Additional drinks.
- Tips, snacks and souvenirs.
- Personal items not described in the itinerary.
- International flights.

## **RECOMMENDATIONS**

### **WEATHER CONDITIONS, CONNECTIVITY & BILINGUISM**

It is necessary to be properly prepared for the weather conditions on the travel dates, which are detailed below and also you need to take into account that not everywhere you can find bilingual staff or people at the destinations:

#### **Cali:**

Temp. Min: 17°C Max: 27°C, slightly humid climate / (1018 m.a.s.l.)  
You will have a bilingual guide and some locals speak English with bilingual staff at the hotel.

#### **Cartagena (Mar 21-23):**

Temp. Min: 24°C Max: 32°C, humid climate / (0-100 m.a.s.l.)  
Good phone signal and good wi-fi.  
You will have a bilingual guide and many locals speak fluent English.

### **PLUG TYPE**

- Voltage: 110V
- Frequency: 60 Hz
- Plugs: Type A / B

**CURRENCY:** Colombian Peso (COP) 1 USD = 3.800 COP aprox.

It is advisable to carry cash for extra expenses during the trip since in some areas access to ATMs and dataphones may be limited or non existent:

- (Day 3) San Cipriano reserve
- (Day 5) Mangroves and Ararca community

### **PHONE SIGNAL & WIFI**

You will visit cities, where communications are easy, but also will visit some other areas where communications might be difficult such as:

(Day 3) – San Cipriano reserve

### **REDUCTION OF WASTE GENERATION**

We promote the reduction of waste generation from single-use plastics, so we recommend bringing your own non-disposable rigid container to refill water in hotels, especially for days when outdoor activities are planned.

### **VACCINES**

Currently, there is no major outbreak of contagious disease or mosquito transmission in the areas to be visited. However, if there is an outbreak or important biological risk in the destinations to be visited, it will be informed in a timely manner prior to the trip.

Vaccines are not mandatory, but in the case of traveling to the jungle regions of the Pacific and the Amazon it is advisable to have the yellow fever vaccine at least 10 days before the trip:  
<https://colombia.travel/en/practical-information/health-and-vaccines>

### **TIPPING**

- Tipping is not mandatory, but if you consider you can tip the guides with an amount from 20.000 to 50.000 COP (5 to 12 USD aprox.) per day of service.
- At the restaurants the suggested tip is 10% of the service.

## **WHAT TO TAKE?**

- Appropriate clothing for weather conditions.
- Long-sleeved shirts to avoid sunburn and mosquito bites during outdoor activities.
- Comfortable pants for the activities.
- Appropriate footwear for the different proposed activities.
- Swimsuit, towel and water shoes.
- Protection for electronic devices since they may be susceptible to damage due to humidity and/or rain in the regions to visit.
- Sunscreen and mosquito repellent.
- Cap and/or sun protection for the head.
- Special personal medicines.
- Personal medical insurance.
- Personal documents.

## **PLEASE INFORM IN ADVANCE ABOUT**

- Food restrictions and/or preferences.
- Important illnesses to take into account, disabilities, allergies and/or other medical conditions that may affect the development of activities.
- Special requirements for the trip within the reach of our logistics.

## **EATING TIMES AND FREE TIMES AT LEISURE**

- All the breakfasts are set to be between 7:00 & 9:00 am.
- All the lunches are set to be between 1:00 & 3:00 pm.
- (Day 2) after 6:00 pm and free dinner.
- (Day 3) after 7:00 pm and free dinner.
- (Day 4) after 5:30 pm and free dinner.
- (Day 5) free morning until 11:00 am and free time after 5:30 pm.