



# Chapada Veadeiros

## Trekking program and Highlights - 4 days & 3 nights (private)

This itinerary has been designed to take in the key highlights of the Chapada dos Veadeiros at a comfortable level for individual or group visitors. It's a tour for visitors wanting a moderate pace with hikes on steeper and rocky trails to visit the wonderful waterfalls with clear and fresh waters of the Chapada dos Veadeiros National Park, World Heritage Site - UNESCO.

### Day 01 – Arrival in Brasilia and transfer to Alto Paraiso. Moon Valley visit

Arrival at airport in Brasilia (up to 10 am). Transfer from Brasilia to Alto Paraiso (230km - 3 hours). Lunch in Alto Paraiso and check in. After lunch, we will have a visit to the attraction of the São Miguel River, the **Valley of the Moon**, a private property near the National Park, we will walk 600m to the banks of the São Miguel River, exuberant by the rocks with its exotic shapes carved by the waters over thousands of years. Transfer to São Jorge, 25 miles (38 km) away, and check-in to your chosen pousada. Visit to the relaxing hot springs at nearby Agua Quente.

Dinner in São Jorge.

### Day 02 - Chapada dos Veadeiros National Park – Cariocas Falls.

Breakfast at your pousada in São Jorge.

Day hike of 6 miles (10km) in the Chapada dos Veadeiros National Park, visiting the spectacular rock gorges, Canion I & II, and the lovely Cariocas waterfalls on the Rio Preto river. We will stop for a picnic lunch and on the walk we will pass through a range of high-altitude cerrado landscapes with its distinct flora and fauna.

Late Lunch in São Jorge.

### Day 03 – Chapada dos Veadeiros National Park - Rio Preto Falls.

Breakfast at your pousada in Sao Jorge.

Day hike of 5 miles (8km) in the Chapada dos Veadeiros National Park. The circuit follows an old miners' trail passing by the quartz crystal mines that gave rise to the settlement of São Jorge. Along the way you will see a wide range of vegetation typical of the high altitude cerrado. We will stop for a swim and hydro-massage beneath the Pedreiras waterfall, one of the main attractions of the National Park, set in the rocky valley through which Rio Preto tumbles in a series of cascades and natural swimming pools. After a picnic lunch you will return along a small path shimmering with fragments of quartz crystal.

Late Lunch in São Jorge.

### Day 04 – São Bento e Almécegas Waterfalls / Return to Brasilia.

Breakfast at your pousada in Alto Paraiso.

Visit to the São Bento farm, walking about 1.5 miles (2.5 km) to the lovely Almecegas 1 waterfall with its 150 ft (50 m) drop and then on to the smaller Almecegas 2 waterfall for a refreshing dip in the large natural swimming pool.

Lunch in Alto Paraiso.

Transfer to Brasilia (3 hours, pm flight). We suggest to book flights after 06:00pm.

### Optionals offered locally – (depends on flight time / minimum 4 people)

**Abseiling** down the middle of the Almecegas waterfall, a descent of 135 ft (45m) over rock and water and into a large natural swimming pool below. Your safety throughout is carefully controlled by expert instructors so that this is an ideal baptism into the sport with no experts people.

**Zip Line "Vô do Gavião"** (850m and 80m high) impressive National Park mountain range view. We use two parallel iron cable with a tanden pulley, it's easy and passive activity.

## General Information

### Visiting the Cerrado:

The Cerrado is a great place for the active traveler with many opportunities for hiking, rafting and canoeing, vertical sports and caving. There are many great "Cerrado" destinations. Justly famous are the Tablelands (Chapada): Diamantina in Bahia, dos Veadeiros in Goiás which we offer on this program.

### Notes

- While visitor groups will be dealt with as individual bookings and their particular wishes accommodated wherever possible, visitor groups may be combined where necessary, at the discretion of the local operator, up to a maximum of eight persons per guide. Itineraries may also be adjusted at the discretion of the local operator due to climatic or safety considerations.
- Other languages can also be catered for (French, German, Spanish) at an additional cost, including native speakers if required;
- Itineraries can be tailored to individual requirements (e.g. extensions up to 8 day, 7 night hikes are available) on request;
- Special dietary requirements can often be accommodated if requested but extra costs may be involved;
- Private departures : availability of dates in request



**WHAT IS INCLUDED:**

- 03 Overnights in São Jorge in one of the following pousadas: Cristal da Terra or Casa das Flores
- Meals on a full board equivalent basis (breakfast, lunch or picnic lunch and dinner);
- English-speaking guides, fully trained and accredited by ACV-CV and IBAMA on the basis of one guide per visitor group;
- Activities (including all entrance and service charges) as described in the itinerary.
- Private roundtrip transfers by air-conditioned vehicle between Brasília (hotel or airport), São Jorge and Alto Paraíso.

**Lodgings:**

**Pousada Cristal da Terra – São Jorge** (<https://pousadacristaldaterra.com.br/acomodacoes/apartamentos>)

Pousada Cristal da Terra is located in the heart of Chapada dos Veadeiros! In the midst of nature, our guests will be able to enjoy a lot of comfort and leisure, taking advantage of all the view that the Chapada can provide.

**Pousada Casa das Flores – São Jorge** [www.pousadacasadasflores.com.br](http://www.pousadacasadasflores.com.br)

This Pousada is rustic and comfortable. The apartments haven't electric energy. The breakfast is served at the veranda of each apartment. There is a pool and TV room. The Pousada has a handicraft store, bar and restaurant. Located at São Jorge.

**2022 rates all-year-round except National Holidays and July. Christmas and New Years under request (per person in USD).**

**Important notes:**

- >Itineraries can be tailored to individual requirements (on request);
- >Special dietary requirements can often be accommodated if requested but extra costs may be involved;
- >Prices are based on a minimum group size of 2 persons; rates given for children apply up to ten years of age.
- >For period of vacations and national holidays please add 20% on the rates below.
- >Bookings must be confirmed no less than 4 weeks prior to the check-in date. Payment is required 50% deposit on confirmation of booking and 50% balance to be paid 15 days prior to check in date.
- >Once payment is made in full no surcharges will be made.

<b>Lodging at Pousada Cristal da Terra</b>			
<b>PAX</b>	<b>Single</b>	<b>Double</b>	<b>Triple</b>
<b>2 to 3</b>	1506.00	1163.00	1049.00
<b>4 to 9</b>	1220.00	875.00	763.00
<b>10 to 15</b>	1100.00	758.00	643.00

<b>Lodging at Pousada Casa das Flores</b>			
<b>PAX</b>	<b>Single</b>	<b>Double</b>	<b>Triple</b>
<b>2 to 3</b>	1621.00	1243.00	1105.00
<b>4 to 9</b>	1335.00	966.00	819.00
<b>10 to 15</b>	1216.00	838.00	700.00



