



LAS TORRES
Hotel Estancia



EXCURSIONS |

2019
2020

EXCURSIONS

2019
2020



FULL DAY



HALF DAY

NAVIGATION / VAN



- FULL PAINE / GREY LAKE
- FULL PAINE / SERRANO - BALMACEDA GLACIER
- BLUE LAGOON

HORSEBACK RIDING



- NORDENSKJÖLD LAKE
- ASCENCIO CANYON
- CERRO PAINE (FIRST VIEWPOINT)
- ENCHANTED VALLEY

HORSEBACK RIDING + TREKKING



- BASE TORRES VIEWPOINT
- FULL DAY CERRO PAINE

TREKKING



- BASE TORRES VIEWPOINT
- PATAGÓN
- FRENCH VALLEY
- LAKES TRAIL
- SECTOR CUERNOS TRAIL
- CERRO PAINE (FIRST VIEWPOINT)
- LENGA FOREST
- CUERNOS VIEWPOINT

RESERVA CERRO PAINE EXCLUSIVES



- ORGANIC GARDEN
- PATAGONIAN RANCH CULTURE

CLIMBING



- PUMA CAVE

For more info & booking: excursiones@lastorres.com

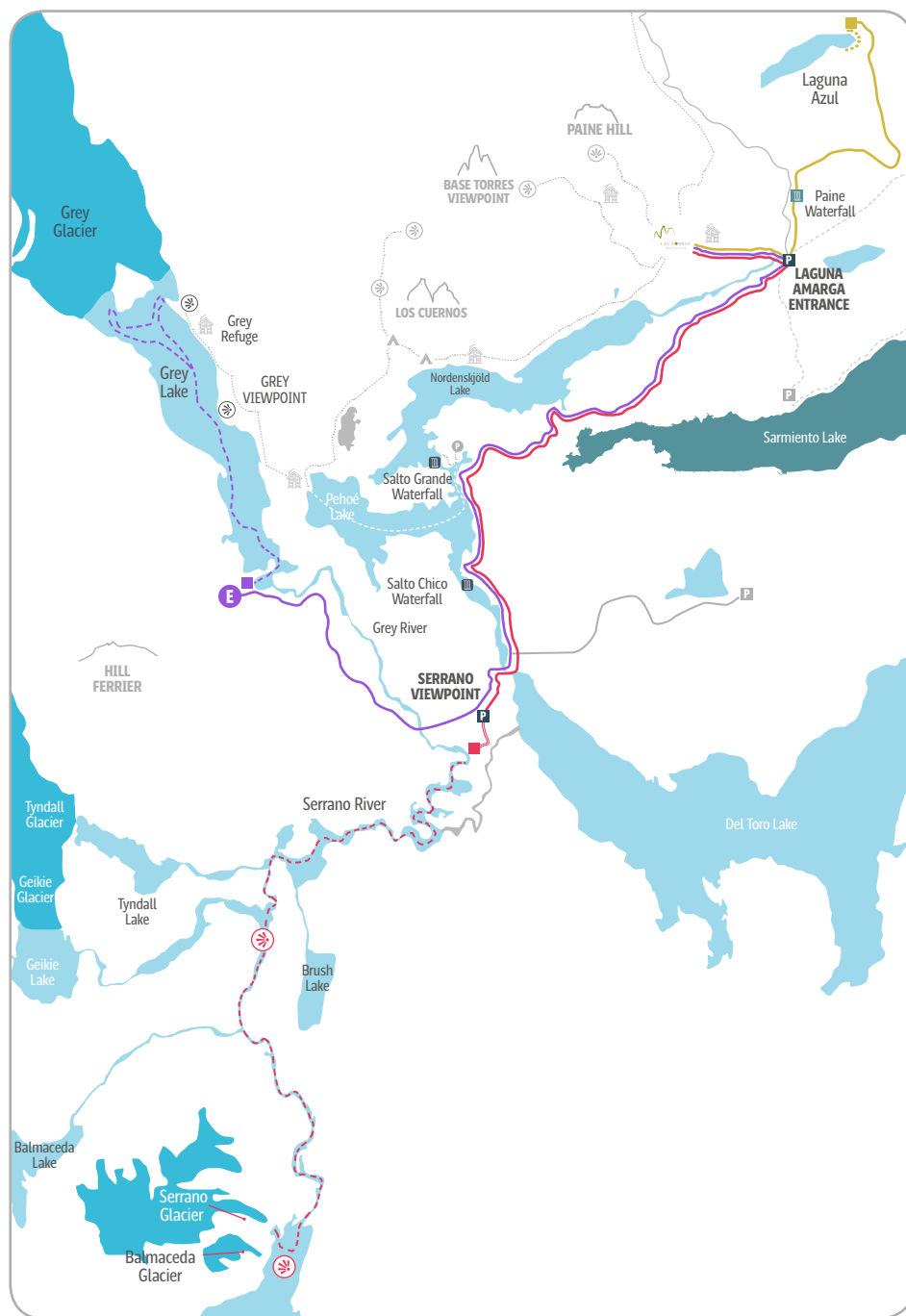
NAVIGATION - VAN



FULL PAINE / GREY LAKE

FULL PAINE / SERRANO - BALMACEDA GLACIER

LAGUNA AZUL (BLUE LAGOON)



■ FULL PAINE / GREY LAKE



3 HRS



4 KM / 2,5 MILES

■ FULL PAINE / SERRANO - BALMACEDA GLACIER



3 HRS



4 KM / 2,5 MILES

■ LAGUNA AZUL (BLUE LAGOON)



0,5 KM / 0,6 MILES



FULL PAINE / GREY LAKE



4 KM / 2,5 MILES

3 HRS



7-10 HRS



DIFFICULTY: EASY

This excursion truly lives up to its name by giving guests the fullest introduction to Torres del Paine National Park in the shortest amount of time. This road trip into the heart of the park features stops at scenic overlooks, short hikes to natural landmarks, and a wonderful lake cruise to Grey Glacier. Stops along the way include Puente Negro (Black Bridge), Nordenskjöld Lookout, Sarmiento Lookout, Lake Pehoé and Salto Grande waterfall. After enjoying an al fresco gourmet lunch, guests have a choice of a hike along the southern shore of Grey Lake to a point where you can gaze down at icebergs or a narrated boat trip across the length of the lake to imposing Grey Glacier, which tumbles down from the massive Southern Patagonia Ice Field.

This navigation is optional and is not included in the All Inclusive programs. The Catamaran is for 100 people and the cruise takes around three hours. Is offered by an external company, therefore, we don´t take any responsibility for cancellations due to weather conditions or technical issues.

- Modifications of the boat tour are subject to the reservation policies of the company “Lago Grey”. Read more in our “Modification and Cancellation Policies of Excursions”.
- In october, march and april, a minimum of 15 people is required.



FULL PAINE / SERRANO - BALMACEDA GLACIER


4 KM / 2,7 MILES

+


4-5 HRS

|


8-10 HRS

|


DIFFICULTY: EASY

This excursion truly lives up to its name by giving guests the fullest introduction to Torres del Paine National Park in the shortest amount of time. The journey towards the heart of the park includes stops in the most important and attractive lookout points, brief walks towards some of the most memorable sites within the park, as well as the chance to participate in an incredible sailing experience to observe the Balmaceda and Serrano glaciers (optional, not included in the All Inclusive Programs). The stops and visits include Puente Negro (Black Bridge), Nordenskjöld Lookout, Sarmiento Lookout, Lake Pehoé and Salto Grande waterfall.

After enjoying a traditional lunch, guests have the opportunity to sail along the River Serrano towards Mount Balmaceda and visit the largest national park in Chile, Bernardo O'Higgins. During this incredible adventure on a zodiac, where the National Park's currents join together and flow towards the Pacific Ocean, you will be able to observe the Tyndall and Balmaceda glaciers. The sailing expedition also includes a

1.5 hour stop in the area surrounding the Serrano glacier, a place from which you can walk through evergreen forests for 15 minutes to an hour in order to take in the unbeatable view of the glacier. The return trip departs from the same place. The navigation takes about 4 to 5 hours (including the walks) and is offered by an external company, therefore, we don't take any responsibility for cancellations due to weather conditions or technical issues.

- Modifications are subject to the reservation policies of the company "Punta Alta". Read more in our "Modification and Cancellation of Excursions Policies".
- The boat trip requires a minimum of 6 guests and has a maximum of 32 guests.



LAGUNA AZUL (BLUE LAGOON)


0,5 KM / 0,6 MILES


4 HRS


DIFFICULTY: EASY

This excursion is a great option for individuals who wish to observe and photograph Torres del Pain without having to walk for 8 hours to the Torres Base. In addition, it is an excellent introduction to the history of the park. The adventure begins with a trip in van to the eastern part of the park until reaching the shores of Laguna Azul. From here, we will begin a 30 minute walk that combines sightings of beautiful birds and spectacular views of Torres del Paine. The fauna is abundant in this area, where we will see mostly guanacos, birds of prey, condors, and aquatic birds. The views provide us with a perspective of Torres that is much different than other sectors of the park.

The history of this area is another point of interest. Laguna Azul is the place where Lady Florence Dixie, the intrepid British traveler and writer from the Victorian era, saw Torres del Paine for the first time. She is considered the first tourist of the park. In her 1880 book “Across Patagonia,” she referred to the lake as “The Needles of Cleopatra” due to the resemblance of the granite mountains to the obelisks of ancient Egypt. During the excursion, we will also visit the Paine Waterfall, one of the three waterfalls of the Paine River.



HORSEBACK RIDING

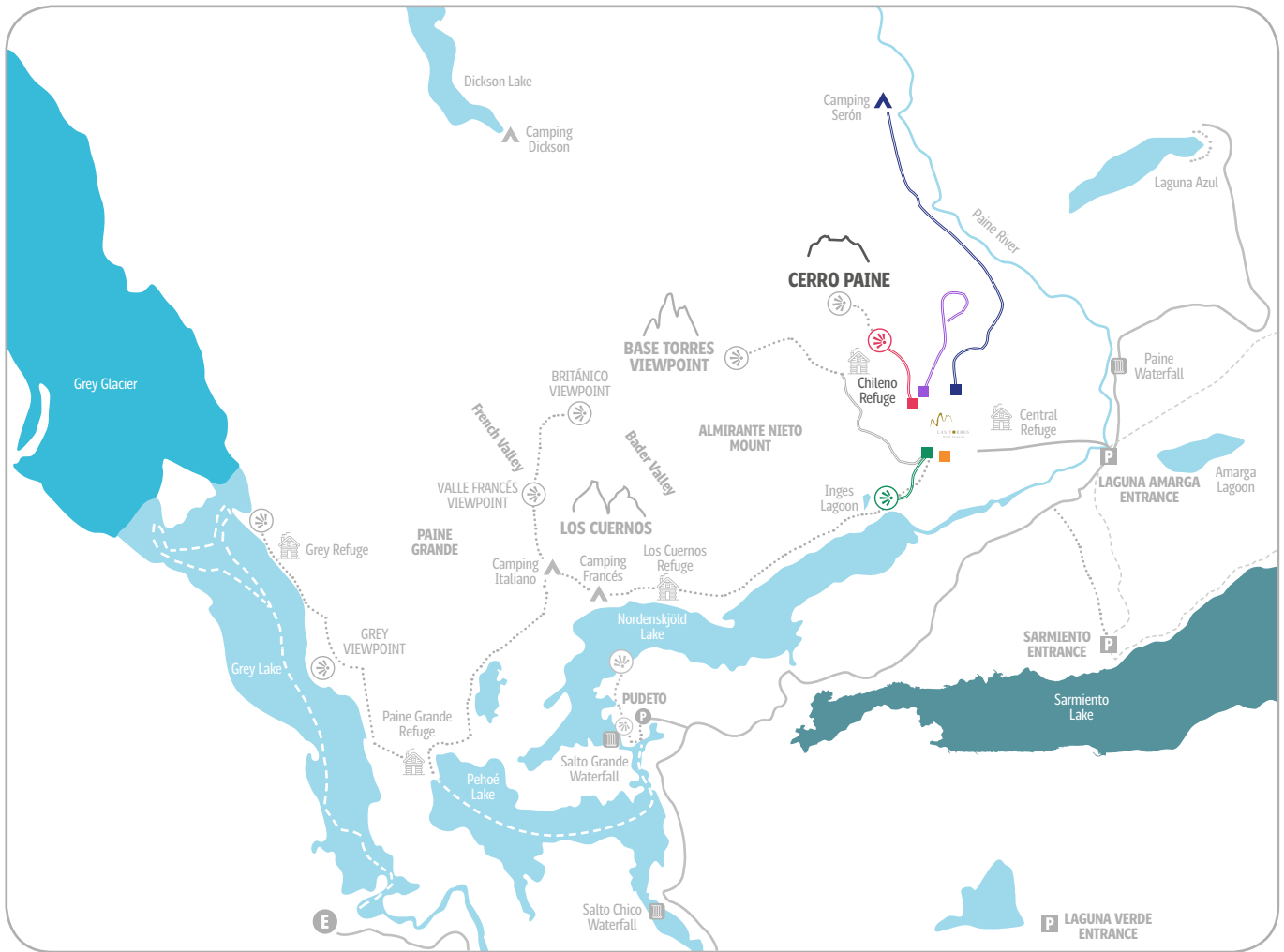


NORDENSKJÖLD LAKE

ASCENCIO CANYON

CERRO PAINE, FIRST VIEWPOINT

ENCHANTED VALLEY



■ CERRO PAINE, FIRST VIEWPOINT



6,5 KM / 4 MILES

■ ASCENCIO CANYON



7 KM / 4,3 MILES

■ LAGO NORDENSKJÖLD
(NORDENSKJÖLD LAKE)



8 KM / 5 MILES

■ VALLE ENCANTADO
(ENCHANTED VALLEY)



24 KM / 15 MILES



LAGO NORDENSKJÖLD (NORDENSKJÖLD LAKE)



8 KM / 5 MILES


3 HRS


DIFFICULTY: EASY

This famous lake situated at the base of the Paine Massif is named after Otto Nordenskjöld (1869-1928), a Swedish-Finnish explorer who dedicated himself to the study of Antarctica, Greenland, Chile, and Peru. Leaving from Pesebrera, our excursion follows the famous W Trail, passing the northern shores of the lake and Mount Almirante Nieto. We will cross various rivers and forests, having the opportunity to appreciate various viewpoints and Patagonian flora. In addition, we will meet our baqueanos and live a unique and authentic experience in Patagonia.

ASCENCIO CANYON


7 KM / 4,3 MILES

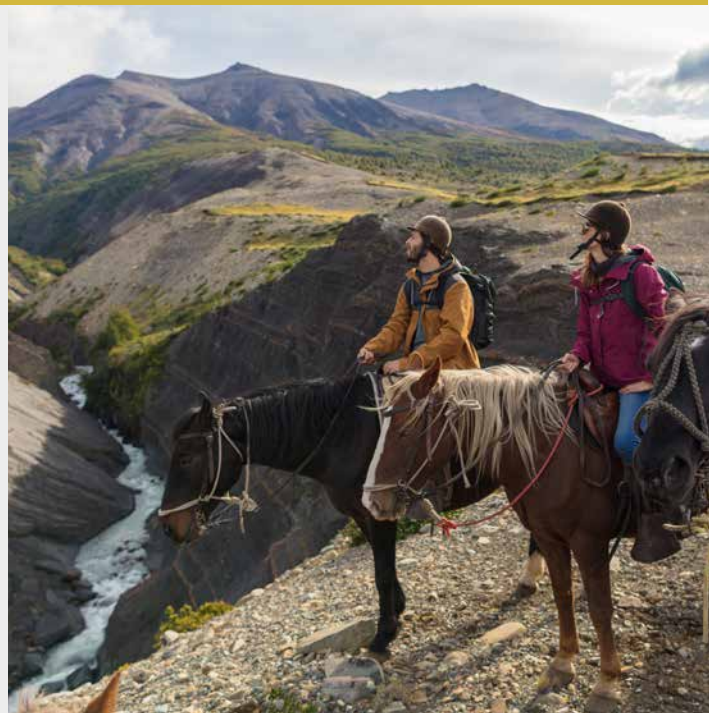

3 HRS


DIFFICULTY: EASY

Through this excursion, we will have the chance to explore some lesser known places in the Cerro Paine Reserve. We will begin on horseback, heading toward Sector Serón, where we will have a spectacular view of Torres del Paine. We will then skirt the slopes of Cerro Paine to reach the Aboriginal Waterfall. Here, we will be able to make a small stop, dismount the horses, and approach the waterfall on foot.

Later, we will return via horseback towards the Ascencio Valley. We will see imposing rock walls that flank the valley, as well as Nordenskjöld Lake and Mount Almirante Nieto.

After the valley, we will head towards “Puma Cave Pass,” where, if we’re lucky, we can see traces of the passage of this fantastic animal, the king of the Patagonia.





CERRO PAINE, FIRST VIEWPOINT

 6,5 KM / 4 MILES
  4 HRS
  DIFFICULTY: MID

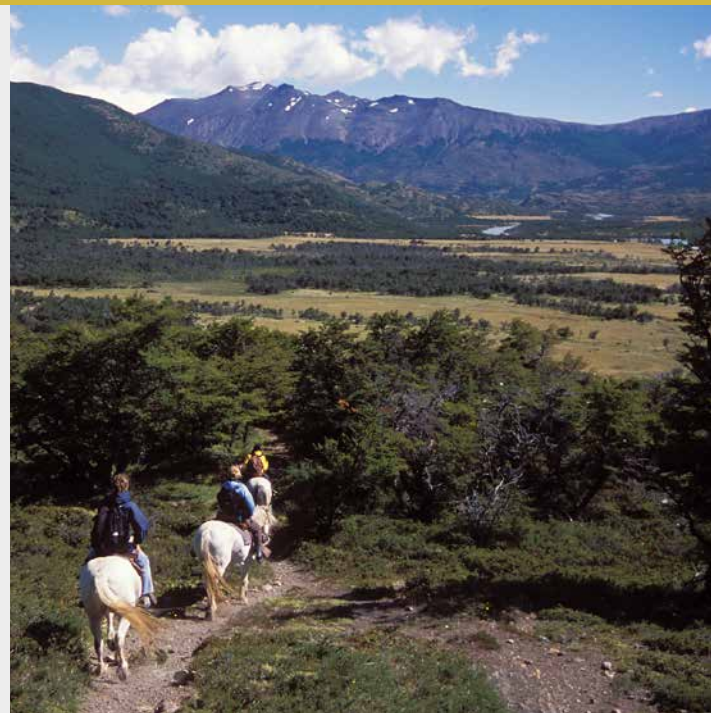
Leaving from Pesebrera, we will take a steep trail through the west hillside of Cerro Paine (1,508 meters). Ascending through a forest of Lengas, where we will possibly see birds, the route reaches the tree line and arrives at D'Agostini Viewpoint, providing views from the valley to lakes and the famous granite peaks. This horseback ride provides the opportunity to appreciate the majesty of Torres del Paine National Park in just half a day.

VALLE ENCANTADO (ENCHANTED VALLEY)

 24 KM / 15 MILES
  6-8 HRS
  DIFFICULTY: MID-HIGH

Gallop across the pampas and through the lenga forest on this equestrian adventure across the Cerro Paine Reserve. Starting off from our stables, the trip follows the "O" Circuit around the eastern edge of the Paine Massif into the valley of the Paine river. The lenga forest of this area provides a habitat for many birds including Magellanic woodpeckers, Austral parakeets and Chilean flickers. The trail also offers great views of Laguna Azul (Blue Lagoon) and Cerro Paine mountain before reaching Serón Campsite in the Valle Encantado where we can find a beautiful daisies during spring. After enjoying our box lunch at Serón, the group returns to the stable via the same route — with a chance to gallop across the open pampas.

-Previous horseback riding experience required.

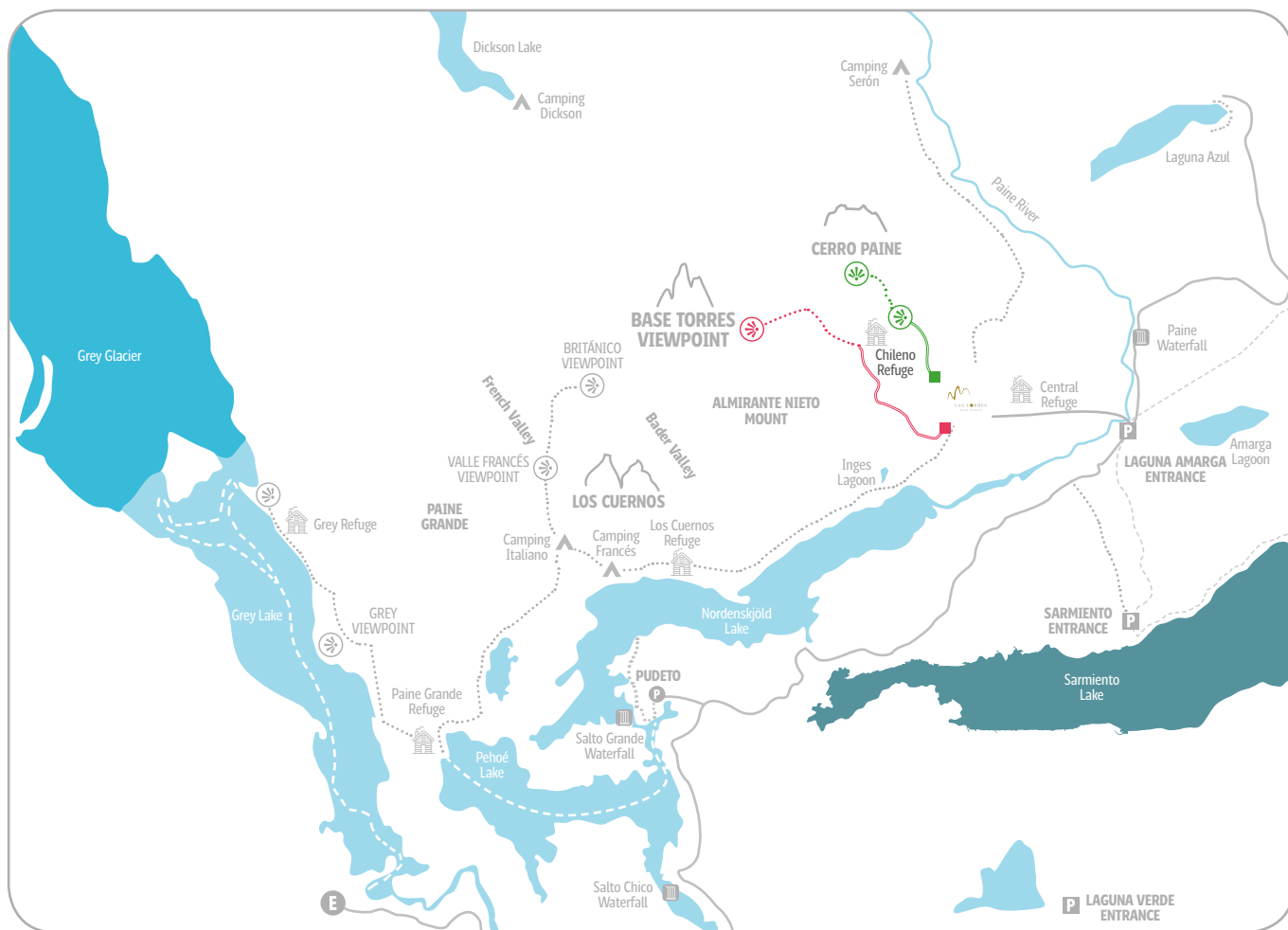


HORSEBACK RIDING + TREKKING



BASE TORRES VIEWPOINT

FULL DAY CERRO PAINE



■ **BASE TORRES VIEWPOINT**

10 KM / 6 MILES 8 KM / 5 MILES

■ **CERRO PAINE FULL DAY**

6,5 KM / 4,3 MILES 9 KM / 6 MILES

BASE TORRES VIEWPOINT

 + 
10 KM / 6 MILES 8 KM / 5 MILES


6-8 HRS


DIFFICULTY: HIGH

Today’s adventure takes us to a viewpoint, situated on the shores of a glacial lake, that allows us to observe the slender peaks of granite that give the park its name, Torres del Paine. Our excursion begins on horseback in Pesebrera (stables) and crosses a beautiful forest of Lenga Trees and Ascencio Valley until arriving to the Chileno refuge, from where we will continue our journey on foot. We will ascend a rocky area for around one hour, after which we will arrive to the spectacular Torres Base Viewpoint.

After a snack and allotted time for photography, we will follow the same trail back to the Chileno refuge, hop on our horses, and begin our return to the Welcome Center.



FULL DAY CERRO PAINE

 + 
6,5 KM / 4,3 MILES 9 KM / 6 MILES


8 HRS


DIFFICULTY: HIGH

This combined horseback and hiking excursion culminates in one of the National Park’s most striking viewpoints — over the 1,508 meter (5,000-foot) summit of Cerro Paine. The first section is undertaken on the saddle along a scenic forest section of the Ascencio Valley. This trail heads up on Agostini’s route where he took a famous picture in the 40’s. Leaving the horses behind, the group passes the treeline and hikes upwards to Cerro Paine’s windy summit. The view is truly astounding: the three towers rising in the west, the Paine river Valley and Laguna Azul in the east, lakes Nordenskjöld and Sarmiento in the south. A panorama that includes granite peaks, glaciers, lakes, forest and patagonian pampas in a single glimpse as you slowly twirl around. After a snack at the summit, we return via the same route to meet our horses and comeback to the stable.

TREKKING



BASE TORRES VIEWPOINT

PATAGÓN

VALLE FRANCÉS (FRENCH VALLEY)

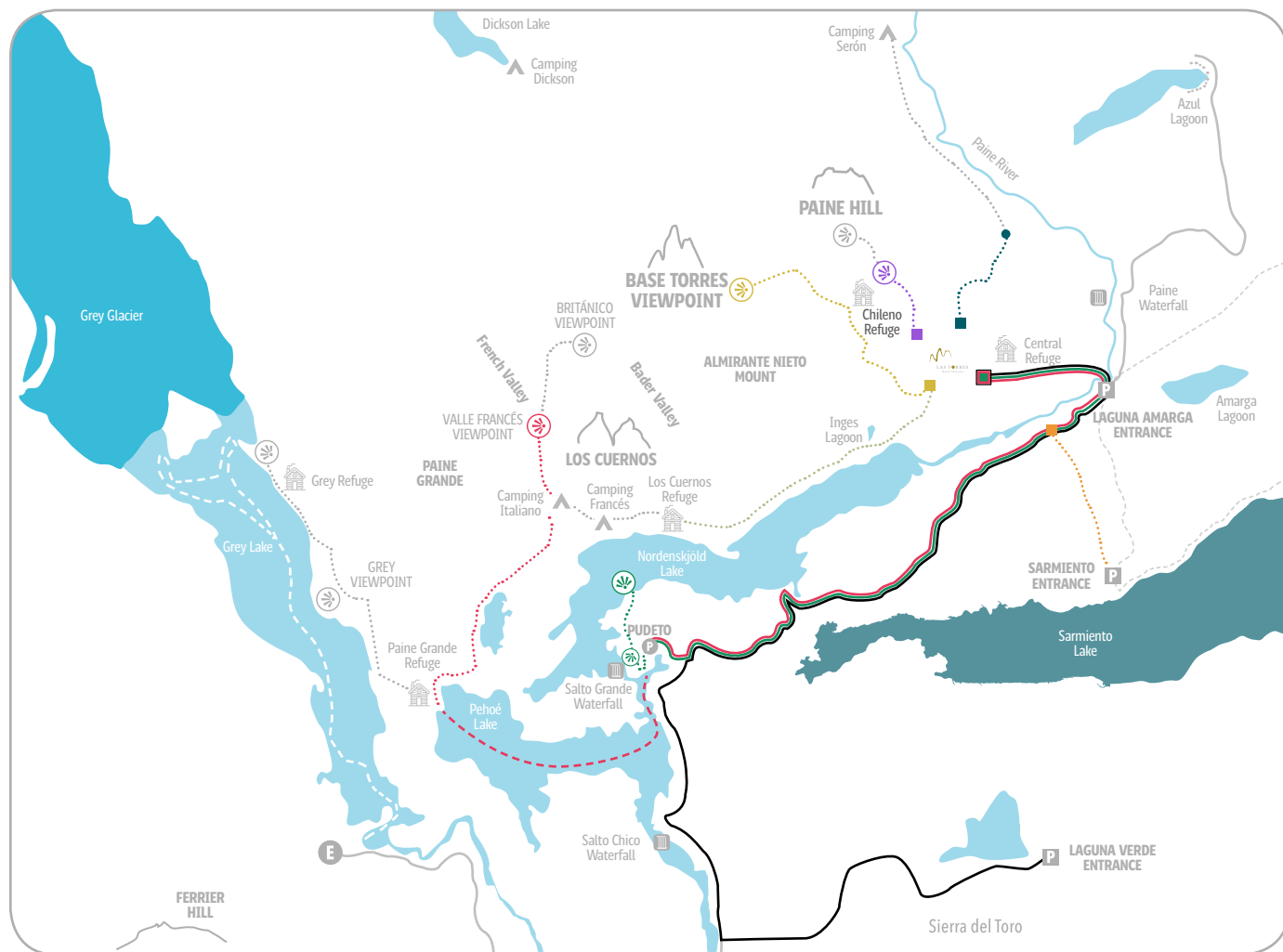
SENDERO DE LOS LAGOS (LAKES TRAIL)

SECTOR CUERNOS TRAIL

CERRO PAINE, FIRST VIEWPOINT

LENGA FOREST

CUERNOS VIEWPOINT



BASE TORRES VIEWPOINT

18 KM / 11 MILES

PATAGÓN

7 KM / 4,3 MILES

VALLE FRANCÉS (FRENCH VALLEY)

1:30 HRS 1 HR 20 KM / 12 MILES

CUERNOS TRAIL

22 KM / 11 MILES

SENDERO DE LOS LAGOS (LAKES TRAIL)

15 KM / 3,7 MILES 2:30 HRS

CERRO PAINE (FIRST VIEWPOINT)

6,5 KM / 4 MILES

LENGA FOREST

8 KM / 5 MILES

CUERNOS VIEWPOINT

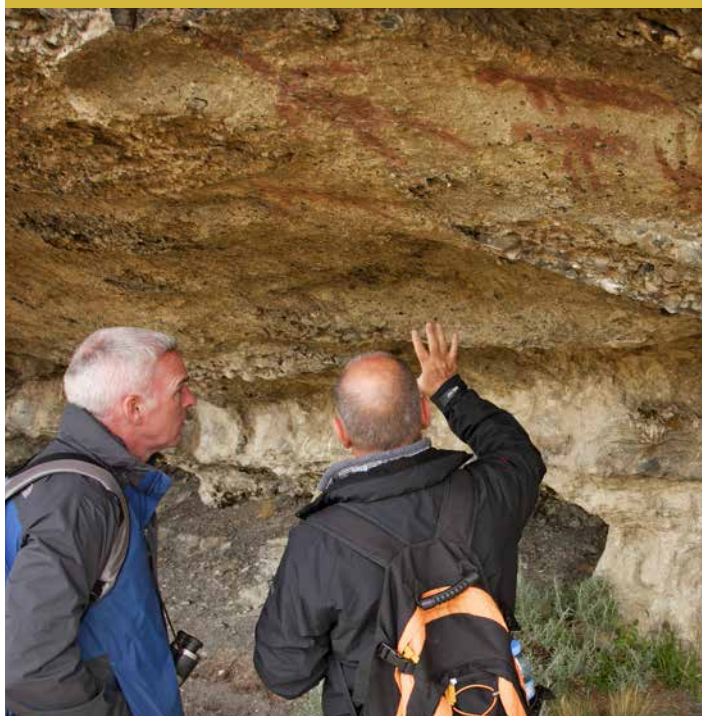
6 KM / 3,7 MILES 1:30 HRS

BASE TORRES VIEWPOINT



Walk the park's main trail to a famous viewpoint, situated on the shores of a glacial lake, from where you can observe the slender, granite peaks that give the national park its name. The excursion begins in Hotel Las Torres, where we will begin a hike through Ascencio Valley, crossing a beautiful forest of Lenguas and later arriving to a rocky area (La Morrena), the most difficult section of the trail, and finishing at the spectacular Torres Base Viewpoint.

After a snack and allotted time for photography, we will follow the same trail back to the hotel.



PATAGÓN



The ancient Aónikenk people of Patagonia and the Park's iconic animal species are the main attractions of this ramble along the Park's southeast corner. The excursion starts with a 25-minute drive close to Laguna Amarga entrance. From there, the trail leads south through an area that local guides and rangers have dubbed the "puma restaurant" because the big cats make so many kills there. Your chances of seeing them in daytime are fairly slim, but the skeletons of their many guanaco kills are clearly evident along the trail. Herds of guanaco often graze along both sides of the trail, and there is also a chance to spot foxes, condors and flightless rheas. About halfway along the trail, there is a large rock formation with overhangs where the Aónikenk people rendered pictographs (rock paintings). Residents of the region for around 7,000 years, the Aónikenk were called Patagones (Big Feet) by the early Spanish, who mistakenly thought they were giants. The lofty rock also offers a perch for gazing at the mountains and the surrounding terrain. The last leg leads us along Lago Sarmiento's shore observing Thrombolites, lumpy structures created by microorganisms, then continues on to meet up with our driver at the park entrance Sarmiento. From there it is a 40-minute drive back to the Hotel Las Torres.

VALLE FRANCÉS (FRENCH VALLEY)



One of our longest excursion ventures into the famous Valle Francés, in the heart of Torres del Paine National Park, and part of the famous “W” Trail. After a 45-minutes drive from the hotel, you will board the catamaran Hielos Patagónicos on the lakeshore near Pudeto Ranger Station. A half-hour cruise across Lake Pehoé brings us to Paine Grande, landing on the other side of the lake and the trailhead for the start of our trek. The first part of the trail is relatively flat (it changes about 300m/980ft), leading along the north side of Lago Skottsberg to the bottom of Valle Francés and Italiano Campsite where we break for water and snacks. Guests have the option of turning back at Italiano or continuing upwards, deeper into the Valle Francés along a steep trail through lenga woods and then a rocky moonscape above the treeline. Roughly 2.5 km (1,5miles) from Italiano, we reach a viewpoint on the foot of the “Horns” (Los Cuernos), that affords an awesome view of French Glacier coming down from Mount Paine Grande, the Cuernos del Paine peaks rising behind us, and down the valley to the lakes. Altitude change from start to finish is 700-800 meters (2,300-2,600 feet).

-Excursion available from November 1st, 2019 until March 31st, 2020.



SENDERO DE LOS LAGOS (LAKES TRAIL)



Get a different take on Torres del Paine flora and fauna — and a dramatically different view of the mountain. The excursion starts with a 90-minute drive alongside Lago Sarmiento (lake), around the Park's south eastern edge to the Laguna Verde (Green Lagoon) entrance gate and the Estancia Lazo ranch (also known as “Hostería Mirador del Paine”). After a break at the cozy and very friendly Hostería, the group sets off along the Sendero de los Lagos, a one way journey of around 15 km (9.5 miles) to the pick-up point. The route passes through lush lenga forest as well as open areas along the shore of Laguna Verde and Laguna Honda (lagoon) before veering off to the south and climbing to a summit with a 360° view of the Paine Massif in the north, and Lago Toro (the biggest lake of the Region) along with the endless Patagonian pampas to the southwest. Along the way be on the lookout for owls, woodpeckers, guanaco and other wildlife, as well as orchids and other wildflowers on the forest floor. The last part of the trail, which takes about 50 minutes, drops 500 meters (1,640 feet) to a roadside pullout near the Paine river. This part might cause vertigo and has a high impact on your knees. Once we reach the road, a vehicle picks up the group for an hour’s drive back to the Hotel.

SECTOR CUERNOS TRAIL


22 KM / 14 MILES


6-8 HRS


DIFFICULTY: MID-HIGH

Get up close and personal with the famous Cuernos (Horns) of Torres del Paine on this excursion along the edge of the Paine Massif. Leaving the hotel, the route follows a relatively flat section of the “W Trail” between Mount Almirante Nieto and the north shore of Nordenskjöld Lake. Streams fed hanging glaciers slash across the rocky trail as the group makes its way to Cuernos Refuge. Located just below a cluster of jagged peaks called Los Cuernos, the campsite offers incredible views across the Nordenskjöld Lake. While enjoying our box lunch, there’s plenty of time to longer by the lakeside and stick a finger or toe in the ice-cold water before returning along the path trail to Hotel Las Torres. Total length is 22 km (13 miles) round trip.



CERRO PAINE, FIRST VIEWPOINT

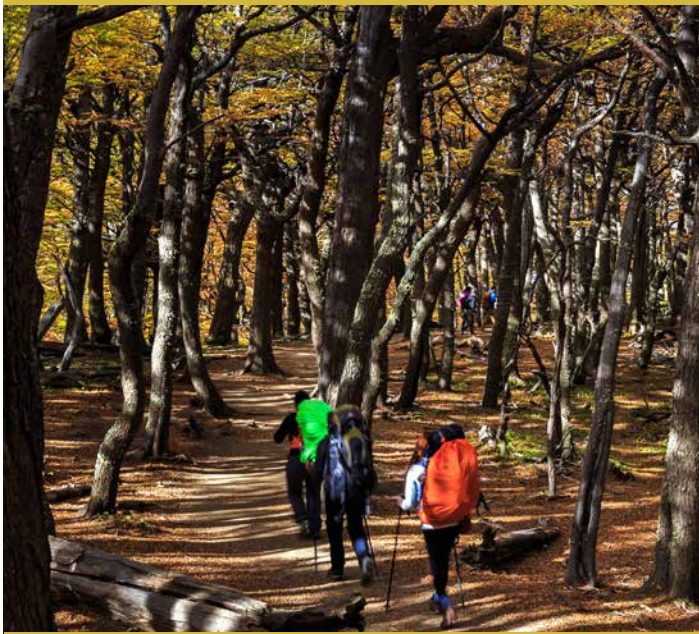

6,5 KM / 4 MILES


4 HRS


DIFFICULTY: MID

This is the trekking version of the half-day horseback ride to Cerro Paine.

Departing from the hotel, the hike follows a steep path along the western slope of Cerro Paine (1,508 meters), from where we will see the famous Torres Base Trail. During an ascent through a forest of Lengas, where we will maybe see birds, the tour will reach the tree line and arrive to D’Agostini Viewpoint, which looks out towards a valley and the famous granite towers, glaciers, and lakes. This trek will provide visitors with an amazing opportunity to appreciate the majesty of the Torres del Paine National Park in just one day.



LENGA FOREST


8 KM / 5 MILES


3 HRS


DIFFICULTY: LOW-MID

Designed for those interested in learning more about Patagonia's famous lenga forests, hike follows part of the Paine Circuit trail around the eastern edge of the massif. The final destination is the old-growth lenga forest. One of Patagonia's iconic trees, *Nothofagus pumilio* thrives in areas with low temperatures and heavy snow. Lenga woodland provides a habitat for many animals, and during this excursion there is a good chance to spot Magellanic woodpeckers, Austral parakeets, Chilean flickers and other forest small birds. Also be on the lookout for pumas, the so-called "Andean Lion" and member of the cat family, who roam this forest. Last but certainly not least, the trail features great views of Laguna Azul and Cerro Paine on the eastern side of the massif. This excursion is great on windy days because the trees block out most of the bluster.

CUERNOS VIEWPOINT


1:30 HORAS

+


6 KM / 3,7 MILES


4 HRS


DIFFICULTY: LOW

The park's most spectacular waterfall and an astonishing viewpoint are highlights of this relatively easy excursion. The adventure starts with a 45-minute drive to Pudeto in the heart of the park's lake district. The trail leads us through a portion of the park impacted by the great forest fire of 2011- 12. Between the remains of the fire-ravaged trees, new life is already sprouting from the rich Patagonian soul. The path continues to Sendero Mirador Cuernos. Possibly the Park's most spectacular viewpoint, the panorama features the "Los Cuernos" (Horns), Mount Paine Grande and the French Valley and Glacier rising straight up from the other side of Nordenskjöld Lake: a breathtaking spectacle of rock and water. From this point we continue the trail to Salto Grande, a raging aquamarine cascade that channels water between lakes Nordenskjöld and Pehoé. The roundtrip hike from car park to viewpoint takes about two hours.

Given the open terrain, high winds are possible during this trek. Those who don't want to undertake the complete hike can opt for a shorter version that features just the brief hike to Salto Grande waterfall (about 30min round trip).



RESERVA CERRO PAINE EXCLUSIVES



ORGANIC GARDEN

PATAGONIAN RANCH CULTURE

ORGANIC GARDEN



Visit the world’s southernmost, as well as one of the region’s oldest organic kitchen garden at Reserva Cerro Paine.

In less than half a hectare, the garden produces seasonal fruits and vegetables using bio-intensive, sustainable methods that produce food for our restaurants.

Our garden has developed immensely since its origin in the early 1950s. With this history in mind, we aim to strike a balance between conserving old fashioned, heirloom varieties and meeting production goals. We have nine types of fruits and more than twenty-five types of vegetables, along with an ever-growing group of culinary and medicinal herbs.

Visitors have one or two hours in the garden, during which they can stimulate their senses, sample fresh goods, and learn the history of the world’s southernmost organic garden. In addition, visitors can help out with some daily harvesting tasks, such as planting and weeding. Extra hands are always welcome!



PATAGONIAN RANCH CULTURE



Learn the Patagonian cowboy way by spending a morning with the baqueanos, who lead the Hotel Las Torres horseback rides and look after the horses and stables of Estancia Cerro Paine. During your time with these local vaqueros — the descendants of horsemen who came to work ranches in this remote region more than a century ago — you will learn about their special clothing, their saddles and other horse tack, and get a chance to share a mate (an herbal tea made from yerba mate leaves). Also, you can enjoy a typical breakfast made of “sopaipillas” (type of bread) with “pebre” (Chilean condiment) while chatting about the Patagonian culture. The baqueanos also demonstrate how to properly saddle a horse, nail a horseshoe and of course how to ride. If you already have riding experience you become one of them and go looking for the “tropilla” (horse herd); an incredible feeling of wilderness and adventure. By the end of this cowboy journey, you will have a much better understanding of what it was like to live and work in this remote corner of South American before the arrival of tourism.

CLIMBING

PUMA CAVE



2-3 HRS





DIFFICULTY: MID

An area called the Puma Cave is located close to Hotel Las Torres. It is a large rock formation that has magnificent climbing walls with 3 levels of difficulty: basic (beginners), medium and expert. Starting with a complete instruction, this activity lasts for 2 or 3 hours where you will have the opportunity to climb different routes and enjoy this unique experience to the maximum.





CONDITIONS FOR MODIFYING AND CANCELLING EXCURSIONS

RESERVATION CONDITIONS

- Excursions can be reserved at the Hotel until 8pm the day before an excursion departs. It is the guest's responsibility to approach excursion executives to reserve an excursion.
- All excursions are **subject to availability and weather conditions**. Excursions within the reserve require a minimum of four guests. Excursions outside of the reserve require a minimum of six guests. All excursions will be confirmed at 7pm at the latest a day before departure.
- Full day excursions include a sandwich and snacks.

Navigation.

The "Full Paine" excursions have optional cruises that are carried out by external companies and require pre-bookings (without changing the date) due to limited space. Modifications of reservations are subject to the policies of the companies Lago Grey (1) and Punta Alta (2).

1. **Grey Glacier Navigation:** requires a minimum of fifteen guests in october, march and april.
2. **Serrano - Balmaceda Glacier Navigation:** requires a minimum of six guests and is available from october to april. Navigations depend on the river's conditions.

Navigations are optional and not included in the all inclusive programs. They must be requested to our sale executives or directly at the Hotel at least seven days in advance.

CANCELATION AND MODIFICATION POLICIES

All Inclusive Guests

- All cancellations made after **8pm** the day before the departure of the excursion will be considered "no shows." There is no charge for a "no show." Rescheduling and changes, however, will depend exclusively on **availability**. This policy excludes the Full Paine / Grey Glacier and Full Paine / Serrano - Balmaceda Glacier excursions. Cancellations of these excursions made **less than four days** in advance will be considered "no shows," and the navigation money will not be refunded.
- If a service provider decides to cancel an excursion due to weather, it will be re-booked for the next day .

Modifications:

Excursions can be modified until 8pm the day before departure. Modifications of "Full Paine" must be made four days before departure to receive the navigation reimbursement.