

Patagonia Torres del Paine 7 Day W Trek - Trekking Chart

Data / Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Trail Name		Los Cuernos Trail	Valle Frances Trail	Grey Glacier Trail	Las Torres Trail	Eastern Lakes	
Starting Point		EcoCamp Patagonia	Refugio Cuernos	Refugio Paine Grande	EcoCamp Patagonia	EcoCamp Patagonia	
Finishing Point	arrive in Torres del Paine NP	Refugio Cuernos <i>(or Domo El Francés)</i>	Refugio Paine Grande	EcoCamp Patagonia (Trekking ends at Grey Viewpoint)	EcoCamp Patagonia	EcoCamp Patagonia	leave Torres del Paine NP
appx. Walking Time		4.5 hrs <i>(or 5.5 hrs)</i>	10 hrs	4 hrs	9 hrs	3 hr	
Distance		12 km / 7.5 mi <i>(14 km / 8.7 mi)</i>	26 km / 16 mi	11 km / 7 mi	22 km / 14 mi	6km / 4mi	
max Altitude Point		244 m / 800 feet	686 m / 2250 feet	244m / 800 feet	914 m / 3000 feet	180 m / 590ft	

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